

Social prescribing

Frequently Asked Questions

We've answered some frequently asked questions about our social prescribing service here. If you have any further questions please [get in touch](#).

Who referred me?

Most of our referrals come from your GP practice team but they can also be made by other healthcare professionals, community services or friends or family.

Will I receive medical advice from a Social Prescriber?

No, social prescribers are not clinicians and we will not provide you with any medical advice or medication.

Are you a counsellors?

No, social prescribers are not counsellors but we do have time to listen to you. We try not to offer advice but aim to support you in finding ways to improve your health and wellbeing.

Are you based in my GP practice?

No, we work closely with your GP practice but our office is in the town centre just behind the Town Hall in Amherst Road.

Do you have access to my medical records?

Yes, with your consent we can see your GP record. We also record any relevant information such as any contact we've had with you as well as notes from our consultation. We only look at your record when it is relevant to the support we are giving you.

Can you get me an appointment with my GP?

Unfortunately we are unable to book an appointment for you. If you need to see a GP, or a member of the GP practice team you will need to do this in the usual way.

Find out more about Bexhill PCN and what we do at www.bexhillpcn.nhs.uk